



MED ReCon 2026

Abstract Writing Guide

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A conference abstract is a short, self-contained summary of your research. It is the first and most important part of your submission: reviewers use it to decide whether your work is eligible for acceptance, and readers use it to decide whether to attend your presentation or visit your poster.

Your abstract should function like a mini research paper. It must be complete and understandable even without the full manuscript.

Word Limit: **Maximum 250 words.**

Purpose of an Abstract:

- Explain what you studied
- Show why the topic matters
- Describe how the study was conducted
- Present the main results
- State the final conclusion or implication

1. Abstract Structure (IMRAD Format)

All MEDReCon 2026 abstracts must follow the IMRAD structure: Introduction, Materials and Methods, Results, and Conclusion.

Background and Aim (2–3 sentences)

Briefly introduce the broader topic and explain the problem or gap in knowledge. Then clearly state the aim of the study or the research question in one direct sentence.

Materials and Methods (2–4 sentences)

Describe what you did. Include the study design, participants or samples, key measurements, interventions (if relevant), and the type of analysis performed. Only include essential details.

Results (2–4 sentences)

Report actual findings, not what you planned to do. Include the most important trends, differences, or outcomes. Whenever possible, include key statistics or numbers to support your claims.

Conclusion / Implications (1–2 sentences)

Explain what the results mean and why they are important. The conclusion must directly reflect the results. If appropriate, mention clinical relevance, scientific impact, or future directions.

2. Style Guidelines

- Write clearly, precisely, and concisely.
- Use past tense for methods and results.
- Keep sentences short and direct.
- Prefer active voice when possible.
- Avoid vague terms (e.g., write “30% increase” instead of “a large increase”).
- Use the word “significant” only if statistical significance was tested and reported.
- Ensure the abstract can be understood without reading the full paper.

Do NOT Include

- Citations or references
- Figures, tables, or images
- Unexplained abbreviations or acronyms
- Long background paragraphs
- Claims not supported by your reported results
- Detailed methodology that is not essential for understanding the study

3. Abstract Submission Checklist

- Is the research problem clearly explained?
- Is the aim or research question explicitly stated?
- Are the methods understandable and appropriately summarized?
- Are real results included (not only planned outcomes)?
- Does the conclusion match the results?
- Is the language clear, professional, and concise?
- Is the abstract within the 250-word limit?

4. Quick Writing Formula

Use the following formula as a quick guide when writing your abstract:

- **Background and Aim:** State the general problem and the knowledge gap. End with: “This study investigated...”
- **Materials and Methods:** “We conducted...” using (design) on (population/sample). Data were analysed using...
- **Results:** “We found that...” followed by the main findings and key numbers.
- **Conclusion:** “These findings suggest...” and explain the meaning and relevance.